



**ADHILA K K**

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### **EDUCATIONAL QUALIFICATION**

- **MSc Psychology**

### **AREA OF INTERESTS**

- **Social Psychology**
- **Cognitive psychology**
- **Abnormal Psychology**

### **PUBLICATION**

- **"Academic stress and study habit among undergraduates" on Indian School Psychology Association (InSPA) Journal, Volume VI, October 2024**

### **PAPER PRESENTATIONS**

- **Academic stress and study habit among undergraduates | Two- Day National Seminar | Peekay CICS Arts & Science College, Mathara, Kerala | February 2024**
- **Perceived Social Support and Life Satisfaction among Young Adults | International Conference | Nilgiri College of Arts & Science, Tamilnadu | October 2023**

### **WORKSHOPS/ TRAINING ATTENDED**

- **Online workshop on " Introduction to Test Construction in Psychology using jamovi" | Al Jamia Arts & Science College, Perinthalmanna, Kerala | July 2025**
- **Two day workshop on "The mind's expedition; a journey into Clinical, Traffic and Anomalistic Psychology | Peekay CICS Arts and Science college, Mathara, Kerala | December 2023**
- **International Pre - Conference on " Solution - focused therapy Practical tools and methods" | Farook College ( Autonomous), Calicut | December 2019**