



AYISHA SHAYFILA

STUDENT COUNSELLOR

avishas9494@gamil.com

EDUCATIONAL QUALIFICATION

- **Bsc. Psychology**
- **Msc. Psychology**

WORK EXPERIENCE

- **Consultant Psychologist at KARUNASAI De-addiction and Mental Health Research Institute, Vellanad, Trivandrum**

AREA OF INTERESTS

- **Addiction Psychology**
- **Adolescent and Youth Mental Health**
- **Organizational Behavior & Culture**

WORKSHOPS/ TRAINING ATTENDED

- **Online Webinar: “Exploring the Therapeutic Landscape of Borderline Personality Disorder”, Attended on 26th March 2025. Facilitated by Dr. Mathew R John (Psychiatrist, DCPU Kochi) and Mr. Nizamudheen P (Clinical Psychologist).**
- **Manomedham Psych Expo 2024. Participated in the Psych Expo held from 9th to 11th February 2024, organized by Karunasai De-**

**Addiction & Mental Health Research Institute,
Thiruvananthapuram.**

- **Edufair – Vimshathamrit 2024, Represented Psychopark, Trivandrum as part of a team and presented exhibits at the Edufair held on 22nd & 23rd February 2024, organized by P.T.M. College of Education and Institute of Teacher Education, Thiruvananthapuram, Kerala.**
- **Five Days Orientation Course on Drug Abuse Prevention/ Thematic Issues & Counselling Skills for Functionaries of IRCA- Nasha Mukh Bharat Abhiyan -27 Nov- 01 Aug 2023, Kottayam.**
- **Workshop on Identification and Management of Learning Disability. Held on 10th September 2023, organized by Mind Weavers, Medical College, Kozhikode.**
- **Rorschach Inkblot Test – Hands-on Training, conducted on 27th October 2022 during Mind Salus '22, organized by the School of Behavioural Sciences, Mahatma Gandhi University, Kottayam.**
- **National-Level Psychology Fest & Exhibition – Psyesta. Participated in the event “Maze Learning” held on 6th December 2019, organized by Rajagiri College of Social Sciences (Autonomous), Kalamassery, Ernakulam.**
- **Seminar on “Biological Perspectives of Psychology”. Participated in the seminar held on 27th August 2019, organized by Irshadiya College of Commerce and Social Sciences, Feroke, Kozhikode.**